

San Salvador Home & Workshop exists to provide a safe, respectful, loving home for intellectually handicapped adult women in a stimulating environment, where the dignity and self-worth of individuals affected by mental and intellectual disabilities can be upheld so they can develop to their full potential. Every one of our residents is on their own journey, often a challenging and daunting one, one that requires courage, perseverance and strength. We liken it to climbing a mountain...a sometimes arduous and grueling task, but one that can be made easier with help and support from caring people surrounding you and cheering you on.

A **Sherpa** in its truest definition is a member of a Himalayan people living on the borders of Nepal and Tibet, renowned for their skill in mountaineering. More informally, it's the term used for someone who will guide you up the mountain, help you carry your equipment and provide help and encouragement when you need it most. They are equipped with knowledge, experience and a passion for helping those under their watch to achieve their goal.

It's with this in mind that we invite you to become a **Sherpa of San Salvador**.

## What does it mean to be a Sherpa?

To be a Sherpa of San Salvador, we ask for a monthly contribution of R250. This is what we require to help cover the monthly costs for the 14 women who have outlived their parents and who have no means of supporting themselves.

## There are two ways to sign up as a Sherpa:

1. Set up a debit order using the bank details below and send confirmation thereof to [sherpa@sansalvadorhome.org](mailto:sherpa@sansalvadorhome.org) and [accounts@sansalvadorhome.org](mailto:accounts@sansalvadorhome.org), or
2. Contact us at [ronelle@sansalvadorhome.org](mailto:ronelle@sansalvadorhome.org) and we will send you a debit order form to complete.

## Banking Details

San Salvador Home  
Bank: First National Bank – Hyde Park  
Acc No: 54480014488  
Branch code: 255805

*'We rise by lifting others.'*  
- Robert Ingersoll

**Your contribution  
towards the  
intellectually  
disabled women of  
the San Salvador  
Home will continue  
their journey  
onwards and  
upwards.**

